

health Connections

WINTER 2020

Seasonal Newsletter of Spencer Hospital

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- New Infusion Center
- Dry Needling for Pain Relief
- Donors Enhance Local Healthcare

MOVING FORWARD

Annual Report 2019



**RURAL & COMMUNITY
TOP HOSPITAL 2020**
FIVE-TIME RECIPIENT



A Message

TO OUR COMMUNITIES

PLANNING AND WORKING TOGETHER TO ADVANCE HEALTHCARE ACCESS AND OUTCOMES

The second decade of the 21st century is now behind us.

It's been an active 10 years for Spencer Hospital in its mission to respond to the healthcare needs of its communities and region. An illustration on page 4 & 5 of this edition of *Health Connections* summarizes the progress achieved in service to our patients. You'll observe a wide array of new services, technology advancements and facility updates as well as notable care and service performance outcomes.

While it's rewarding to reflect on progress achieved, good stewardship requires thoughtful planning and disciplined execution to ensure future success. With that responsibility in mind, Spencer Hospital's board of trustees, medical staff and healthcare team are committed to meet the challenges presented by an ever-changing healthcare industry. Following are several current initiatives that will advance local healthcare access and outcomes . . .

Planning for the Future The hospital is in the early stages of developing a new strategic plan. It's a process that's undertaken every five years to ensure the on-going growth and development of our medical community. Planning was initiated in December by conducting input sessions with stakeholders to include hospital trustees, physicians, hospital leaders, local healthcare organizations and community representatives. Based on the input offered, as well as an assessment of rural healthcare trends, an overarching strategic framework will be developed to serve as a focus for plan development. The final plan will come together by defining strategies that seek progress in areas to include care quality, service access, technology, facilities and business outcomes. The strategic plan will be completed and approved by the board of trustees by mid-summer.

More Integrated Health Record In August, Spencer Hospital will be transitioning to a new and more robust electronic health record. We've determined that our patients will be best served by using the same health

record as Avera. It will allow physicians and other healthcare professionals to more efficiently analyze patient information from Spencer Hospital and Avera Medical Group Spencer in one common location. Data integration will be expanded over the next two years to include other Avera facilities, such as hospitals and physician practices in Sioux Falls. A new patient portal will also offer patients similar convenient and secure access to their health information.

Fighting Cancer with State-of-the-Art Technology Later this year, Abben Cancer Center will place a new radiation oncology accelerator into service, which is the technology that delivers radiation therapy to cancer patients. With the latest technology, the new accelerator will provide current treatments more efficiently while also offering new services and treatment options. Generous community contributions to the Spencer Regional Healthcare Foundation will provide \$1 million towards the cost of the project. The new accelerator will be available for patient services in August.

New Regional Service Spencer Hospital will be opening a comprehensive wound care center this summer. The center will build on a long-time, successful nursing-based wound care program to include direct physician services and the introduction of hyperbaric oxygen treatments. Hyperbaric oxygen therapy can help treat serious infections and wounds that won't heal as a result of diabetes, cancer treatment and other health conditions. The program is being developed in collaboration with physicians from Northwest Iowa Surgeons. It's anticipated the wound care center will serve patients throughout northwest Iowa.

A Rural Healthcare Leader Spencer Hospital was recently designated as a Top 100 Rural & Community Hospital for the fifth consecutive year by the Chartis

Center for Rural Health. We stand alone as the only mid-sized Iowa hospital to be recognized every year the designation has been awarded. Spencer Hospital is one of only 25 hospitals nationally to earn this Top 100 designation in each of the past five years. It confirms that the hospital and its affiliated medical staff do many things well in areas to include quality, outcomes, patient perspective, cost, charges, market share and financial stability.

I hope you enjoy this edition of *Health Connections*. It shares interesting updates about current happenings. Yet, they are a small representation of the many things Spencer Hospital's committed healthcare team offers each day in service to its patients and their loved ones. Thank you for placing your trust in us as we strive to be Healthier Together.



A handwritten signature in black ink that reads "Bill Bumgarner". The signature is stylized and fluid.

Bill Bumgarner, President

SPENCER HOSPITAL 2019 ANNUAL REPORT

TEAMWORK

MISSION Spencer Hospital is dedicated to promoting healthier lives.

VISION Spencer Hospital, in collaboration with its medical staff, will be recognized as an exceptional regional healthcare center.



507

FULL & PART-TIME STAFF MEMBERS



40

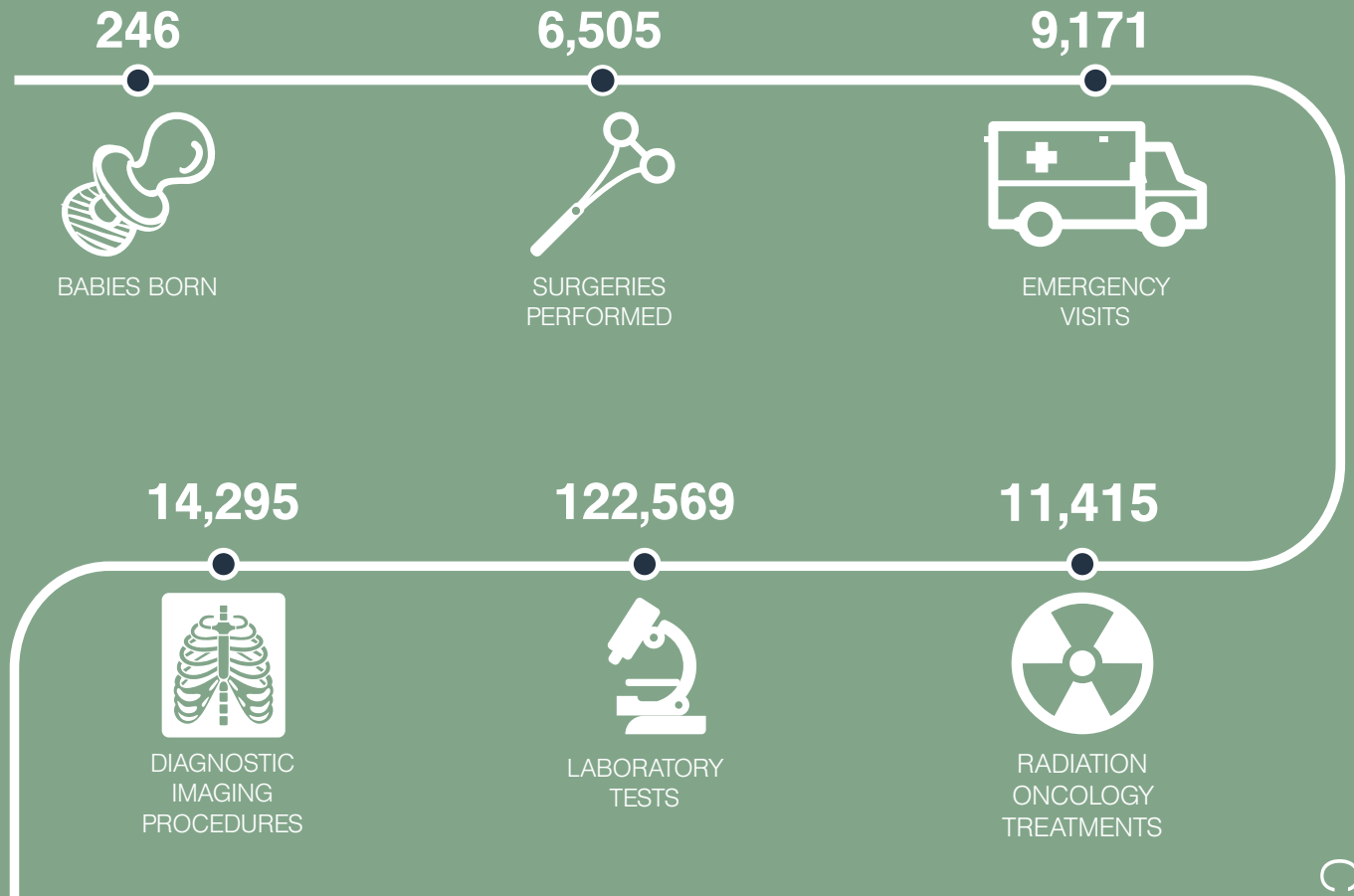
ACTIVE MEDICAL STAFF



83

VOLUNTEERS

HEALTHCARE



\$34.3M
Annual Payroll and Benefits

\$9.7M
Purchases from Iowa Businesses

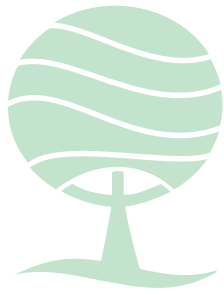
\$1M
Charity and Uncompensated Care

COMMUNITY

Board of Trustees

Steve Lensing, Chair; Julie Christensen, Vice Chair; Neal Conover; Bruce Nystrom; Dr. Gary Van Hofwegen

ADVISORY MEMBERS: Bridget Bailey, Amanda Bare, John Cotton & Larry Harden



Spencer Hospital Decade in Review

2011

Wolfe Eye Clinic opens a clinic site at Spencer Hospital.

Spencer Hospital partners with Avera to open Avera Home Medical Equipment of Spencer Hospital.

Hospice of Spencer Hospital celebrates 25 years of service.

2012

Spencer Hospital ranked first in the state for Medicare cost efficiency.

Surgery Center is second in the state to add Cysview for enhanced bladder cancer detection.

Healing Arts Program: Recognizing the role of arts in health and well-being, a Health Arts program is offered at Abben Cancer Center in conjunction with Arts on Grand.

2014

Intensive Care Unit enhanced through extensive renovation.

Spencer Hospital celebrates its centennial year.

2010

Planet Heart cardiac screening program initiated.

Press Ganey Associates names Spencer Hospital's Emergency Department a 2010 Summit Award Winner, making it the fourth consecutive year the hospital received such recognition for customer satisfaction.

Sleep Studies Program accredited by the Accreditation Commission for Healthcare.

2013

Abben Cancer Center welcomes it's first Spencer-based full-time medical oncologist, Dr. Glenn Preston.

Evening Mammography Services offered at Spencer Hospital.

Ultraviolet Disinfection System: Spencer Hospital becomes first hospital in Iowa to use a UV disinfection system to reduce the risk of hospital-acquired infections.

2017

Quick Care Services introduced at Avera Medical Group Spencer, to include a Saturday clinic.

Spine Care Services introduced by Dr. Dan McGuire at Spencer Hospital, the first location in the region to offer this service.

Music Therapy Services introduced at Hospice of Spencer Hospital and Behavioral Health Services.

2018

Warner Dialysis Center relocated and opened in west Spencer, increasing service access.

1,000th Surgical Robotics Patient cared for at Spencer Hospital.

In-House Echocardiology services are introduced.

2016

Spencer Hospital named one of the nation's Top 100 Rural & Community Hospitals. The hospital has continued to earn this designation for five consecutive years.

Optiwave Refractive Analysis introduced for enhanced vision post cataract surgery.

New Birth Center opens featuring spacious birthing suites.

2015

Surgery Center introduced surgical robotic program for enhanced surgical outcomes.

Avera Medical Group Spencer becomes a department of Spencer Hospital, advancing collaboration with the hospital.

Hospitalist Program is initiated for inpatient care.

2019

Breast Imaging Center of Excellence: Spencer Hospital recognized as a Breast Imaging Center of Excellence by the American College of Radiology.

Infusion Center & Visiting Specialist Clinic open on the third floor of the hospital.

Surgery Center sets record number of surgical procedures with 6,505 performed.

Medical Oncology Clinic offered in Spirit Lake.

Rehab @ The Clinic opens in the Spencer Medical Arts Building.

SPENCER HOSPITAL DESIGNATED AS BREAST IMAGING CENTER OF EXCELLENCE



"I have never had a better experience with mammography. I received the best explanation and most knowledgeable, individual care ever. Love the setup of your Women's Center for privacy, individualized care, and sensitivity to our concerns."

Diagnostic Imaging director Mary Brosnahan regularly receives such comments and she smiles. And, such smiles occur frequently as nearly daily she's receiving wonderful feedback on the skill, care and compassion of Spencer Hospital's mammography technicians and services.

So it's not surprising that last fall Spencer Hospital was designated a Breast Imaging Center of Excellence by the American College of Radiology (ACR), the only hospital in the region to have earned that distinction.

"Excellent job! I felt very comfortable during the whole process. I came in a little anxious because it was my first mammogram, yet that anxiety went away very quickly."

By awarding imaging centers the status of a Breast Imaging Center of Excellence, the ACR recognizes facilities that have earned accreditation in mammography, stereotactic breast biopsy, and breast ultrasound, including ultrasound-guided breast biopsy.

"Our team worked very hard and is excited to have earned the designation of being a Breast Imaging Center of Excellence," commented Brosnahan. "It signifies that the quality of our care systems and the training of our professional staff meet the high standards of care

required to achieve the designation."

Accreditation involves peer-review evaluations in each breast imaging modality by board-certified physicians and medical physicists who are experts in the field. Through that process, it was determined that Spencer Hospital achieved high practice standards in image quality, personnel qualifications, facility equipment, quality control procedures and quality assurance programs.

"I'm proud of the effort our Diagnostic Imaging professionals put forth in achieving this distinction," said Spencer Hospital president Bill Bumgarner. "Yet, even more valued is the dedication and commitment this team demonstrates to consistently provide excellent customer service and obtain exceptional image quality."

Spencer Hospital's Diagnostic Imaging services has obtained and maintained ACR accreditation in numerous modalities, including:

- Computerized Tomography - CT
- CT Lung Screening
- Mammography/3D Mammography
- Stereotactic Biopsy
- Breast Ultrasound
- General Ultrasound
- Magnetic Resonance Imaging - MRI
- Nuclear Medicine
- Positron Emission Tomography - PET CT

“Achieving ACR accreditation in such a wide range of imaging modalities is a significant accomplishment for any hospital,” said radiologist Charles Crouch. “It informs the community that the highest standard of care has been awarded based on a rigorous evaluation process.”

The ACR is a national professional organization serving more than 36,000 diagnostic/interventional radiologists, radiation oncologists, nuclear medicine physicians, and medical physicists with programs focusing on the practice of medical imaging and radiation oncology and the delivery of comprehensive health care services. The ACR gold seal indicates that a patient’s prescribed imaging test will be done at a facility that has met the highest level of imaging quality and radiation safety.

To schedule your screening mammogram, call (712) 264-6181.



ACR Accreditation is recognized as the gold standard in medical imaging. This designation helps assure patients that a facility provides the highest level of image quality and safety. Through Spencer Hospital’s commitment to quality, the hospital has been accredited in all 10 of the American College of Radiology’s imaging modalities. This is an uncommon achievement for a rural hospital in Iowa.

MIDWEST RADIOLOGY & IMAGING WELCOMES DR. JOHN JACKSON



RADIOLOGIST DR. JOHN JACKSON HAS JOINED DR. CHARLIE CROUCH AND DR. NATHAN ROHLING AT MIDWEST RADIOLOGY AND IMAGING. The practice group provides radiology services at Spencer Hospital and other hospitals and clinics in northwest Iowa.

Dr. Jackson received his Bachelor of Science degree from Middle Tennessee State University and earned his Doctor of Medicine degree from the University of Tennessee. He completed his residency in radiology at Baptist Memorial Hospital in Memphis, TN; and interned at Erlanger Hospital in Chattanooga, TN, where he served as Chief Resident.

Dr. Jackson is board certified by the American Board of Radiology. He is a member of the American College of Radiology and the Radiological Society of North America.

Welcome, Dr. Jackson!

INFUSION SERVICES RELOCATE TO NEW CENTER

PROVIDING COMFORT AND CONVENIENCE FOR PATIENTS



SPENCER HOSPITAL HAS PROVIDED INFUSION SERVICES FOR MANY YEARS; HOWEVER, JUST LAST SUMMER A DEDICATED SUITE WAS CREATED, ESPECIALLY DESIGNED FOR COMFORT AND EFFICIENCY IN OFFERING THESE SERVICES.

“Patients tell us they really appreciate the new infusion center,” said registered nurse Marcie Zittritsch who serves as the center’s coordinator. “We’re now a one-stop shop. The doctors call us, fax us orders, then our scheduler Robin Glander sets our patients up with the appointments and information they need. Our center offers a relaxed, comfortable atmosphere and individualized attention.”

One such patient is Richard Johnson of Spencer. In December he began twice daily infusion therapy, an important treatment in helping prevent a chronic infection from spreading. Currently, he’s receiving care once daily and is appreciative of the services.

“It’s very convenient,” Richard said of the Infusion Center. “Marcie does a wonderful job. I can’t say enough good things about the care I receive.”

Infusion therapy is used to treat acute and chronic

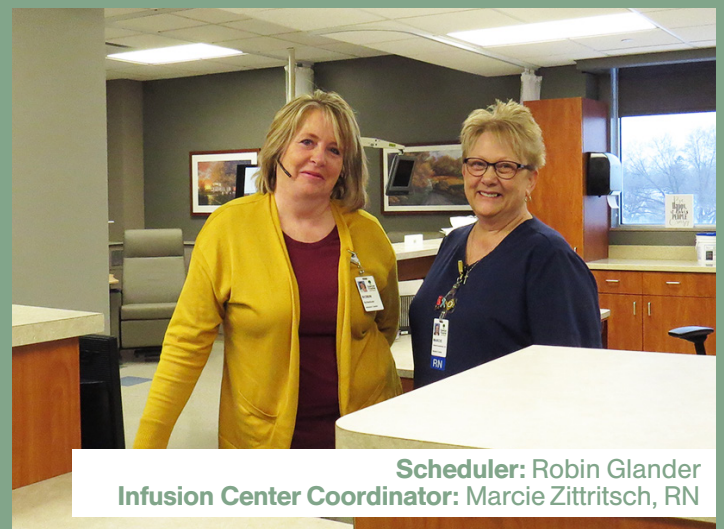
diseases which require intravenous medications. Infusions may also be used for hydration and blood product transfusions. Infusion services include:

- IV Medications
- IV Antibiotics
- Blood Transfusions
- Hydration
- Injections
- Port Flushes
- PICC Dressing Changes

In the month of January 2020, more than 100 infusions were administered. Typically, the center treats three to five patients daily. Depending on the type of therapy, an infusion can take anywhere from a few minutes to four hours to administer.

For patient comfort, each station is equipped with a recliner and personal TV. Valet parking is offered for convenience and a spacious waiting room is available for a patient’s guests. Patients are welcome to bring snacks of their choice or have access to the hospital’s café.

The Infusion Center is located on the third floor of Spencer Hospital, taking advantage of the space vacated when the Warner Dialysis Center moved from within Spencer Hospital to its present location on West 18th Street.



Scheduler: Robin Glander
Infusion Center Coordinator: Marcie Zittritsch, RN

DRY NEEDLING THERAPY GETTING TO THE POINT

RELIEVE PAIN, REDUCE MUSCLE TENSION, AND IMPROVE NERVE FUNCTION



FOR ANYONE EXPERIENCING CHRONIC PAIN, PHYSICAL THERAPISTS ARE SKILLED IN NUMEROUS TREATMENT TECHNIQUES, ENABLING THEM TO FIND THE BEST THERAPY TO HELP ADDRESS AN INDIVIDUAL'S HEALTH NEEDS.

Last fall, Spencer Hospital's physical therapy team became trained and certified to perform dry needling. Dry needling involves placing a needle into a muscle that is tight or tender. The needles used for dry needling are much different than those used for injections or blood draws as they are solid rather than hollow, have a round point compared to a cutting point, and are very thin.

"The intent of inserting this needle into a muscle is to cause a twitch response, which is movement within the muscle that you do not control," said Rehab Services director Jordan Reed. "This twitch response leads to improved nerve function, increased blood flow, and helps to resolve any tightness, tenderness, or pain you may have been feeling before the technique was performed."

Physical therapy patient Carolyn Gustin offers a powerful endorsement for her dry needling experience at Spencer Hospital. "My overall experience was fabulous. I cannot rave enough about my physical therapist,



Rachel (Hoffman), who was very helpful throughout the entire process. I really appreciated that Rachel was willing to try new things to help my pain, not just during my dry needling experience, but afterward as well to help me to continue to recover."

Carolyn experiences lower back pain and sciatic nerve pain. She commented, "Dry needling helped immensely by being able to penetrate deep into my muscle and really target the pain. This helped my muscles really loosen up. I'd encourage people to give it a try. Dry needling is not painful or scary. The needles are very tiny and you can barely feel them. I'd absolutely have it done again."

Reed said that sometimes people mistakenly confuse dry needling with acupuncture. While both use slim needles, the techniques are quite different. Dry needling is based on taking a patient's history, performing a thorough examination, and then inserting needles into muscles based on that information and the physical therapist's knowledge of nerve and muscle anatomy.

"Dry needling can be used to address and treat any condition which is caused or made worse by restrictions in muscles or soft tissues," Reed explained. "These can include neck pain, low back pain, headaches, sciatica, muscle strains, joint pain, overuse injuries like tendonitis, and chronic pain and fibromyalgia."

Spencer Hospital offers dry needling therapy at each of its four locations, including Spencer Hospital, Rehab @ The Clinic in the Spencer Medical Arts Building, Milford Family Care, and Sioux Rapids Family Care.

To find out if this treatment is right for you, please contact Spencer Hospital Rehabilitation Services at (712) 264-6189.

CONVENIENT HEALTHCARE SPECIALTY SERVICES CLOSE TO HOME

As active twins Hudson and Brielle Henningsen approach their second birthdays, they look the picture of health. Yet, born 12 weeks prematurely, lung development was a concern for Hudson and his petite sister Brielle in those early months. It's a health condition their parents, Justin and Beth of Ruthven, continue to closely monitor.

For their specialized care, the twins have regular check-ups with pediatric pulmonologist Dr. Wilfredo Veloira, affectionately known to families as "Dr. Will." Fortunately, Dr. Will and his team travel routinely to Spencer Hospital's Visiting Specialists Clinic to see area patients in a convenient location.

"Awesome! Awesome! Is all I can truly say about having our specialty doctor come having clinic right here in Spencer," mother Beth exclaimed. "It saves us from having to travel with our twins every three months to Sioux Falls. That saves from having to take a day off from work, not to mention the travel savings. What a major plus!"

Dr. Will and several other specialists have offered services in Spencer for several years, typically using open office space at Avera Medical Group Spencer, when available. Last summer, Spencer Hospital created a new clinic space which includes a comfortable reception and waiting room space, three exam rooms, and a professional staff work space. A first floor elevator takes patients directly to specialty clinic space.



Brielle and Hudson Henningsen, patients of Dr. Will at Spencer Hospital's Visiting Specialists Clinic.

Practice Groups & Physicians Offering Clinics at Spencer Hospital:

<p>North Central Heart</p> <p>Dr. Christopher Paa Dr. Tarek Mahrous Dr. Raymond Allen</p>	<p>Avera Pediatric Cardiology</p> <p>Dr. Sami Awadallah (Dr. Sami)</p>	<p>Avera Pediatric Gastroenterology</p> <p>Dr. Sarah Cole</p>	<p>Avera Pediatric Pulmonology</p> <p>Dr. Wilfredo Veloira (Dr. Will)</p>
<p>Cardiovascular Associates</p> <p>Dr. Jon Peacock</p>	<p>Hanger Clinic</p> <p>Orthotic & Prosthetic Solutions</p>	<p>Physiatrist</p> <p>Dr. Marvin Hurd</p>	<p>Pulmonary Associates</p> <p>Dr. Anthony Hericks</p>

"The Visiting Specialists Clinic space is so convenient. It's wonderful to have valet parking available, especially when juggling little ones and a double stroller," Beth said. "And, it's really nice to have a consistent, dedicated space so we always know where to go."

Spencer Hospital president Bill Bumgarner commented: "We anticipated both visiting specialists and their patients would appreciate a space designed specifically for that purpose. It was also considered that it may create a "if you build it, they will come" scenario, and we've experienced just that."

Shortly after the clinic opened, pediatric gastroenterologist Dr. Sarah Cole began traveling to Spencer from Sioux Falls to offer clinics. Also, physiatrist Dr. Marvin Hurd, who has held a clinic at NWIA Bone, Joint & Sports Surgeons' office space for many years, transitioned to the new location to accommodate space allocation transitions within the orthopedic clinic.

"We believe offering access to a wide range of healthcare services is significant to help people in the region achieve and maintain optimal health," Bumgarner said. "If we can partner with specialty physicians from other communities to offer that care locally, so much the better."



Brielle and Hudson Henningsen holding their baby sweaters that were worn during their time in the NICU.

HARTLEY NATIVE DR. AMY JOCHIMS JOINS AVERA MEDICAL GROUP SPENCER



HARTLEY NATIVE DR. AMY JOCHIMS IS RETURNING TO NORTHWEST IOWA AND WILL BEGIN HER FAMILY MEDICINE PRACTICE AT AVERA MEDICAL GROUP SPENCER IN APRIL.

Dr. Jochims earned her Bachelor of Science degree from Iowa State University and her medical degree from University of Iowa Carver College of Medicine. She completed her residency in family medicine at North Colorado Family Medicine. While in residency, she completed the Advanced Maternity Care Track and also served as the administrative chief resident.

Most recently Dr. Jochims served patients at Salud Family Health Center in Longmont, CO. She and her family are looking forward to returning to northwest Iowa.

Welcome, Dr. Jochims!

HOSPICE SOCIAL SERVICES

SEEKING TO FULFILL PATIENT AND FAMILY NEEDS



WHEN PATIENTS AND FAMILIES SEEK SERVICES THROUGH HOSPICE OF SPENCER HOSPITAL, THEY ARE JOINED BY A COMPREHENSIVE CARE TEAM, EAGER TO MEET ALL THEIR HEALTH, EMOTIONAL AND SPIRITUAL NEEDS.

As patients and their families face uncertainty, often they are quickly put at ease when meeting with social worker Chelsea Reed, who is dedicated to helping meet the unique needs of each patient and their loved ones.

Hospice social workers play a critical role of the interdisciplinary team that oversees the care of each hospice patient.

“Chelsea provides invaluable service to my patients, from hospice coordination of services to running our biweekly meetings. She is a great asset to the community, the hospital and our clinic,” remarked Dr. David Robison, co-medical director for Hospice of Spencer Hospital.

“There is no such thing as a typical day in the life of a hospice social worker,” commented Colleen Paulsen, director for Hospice of Spencer Hospital. “Care and services are tailored on what the most important issue or worry it is on that day. Every situation is unique.”

Some of the more typical tasks Chelsea may undertake include arranging for home medical equipment such as a hospital bed, calling an insurance company on a patient’s behalf, or helping a family through grief counseling. Less typical would be finding an extra-long bed for a very tall patient, or planning an early Christmas celebration, with all the trimmings, presents and Santa, for a mom who was spending her last holiday with her little girl.

“Of the many and varied things I do, I feel my most important role is serving as the patient’s advocate,” Chelsea commented. “Each patient has individualized needs and wishes. My role is to help them, if needed, articulate those needs and desires and to help make them happen. Also, I’m there for the family, to provide them the support and guidance they need as they prepare to say goodbye to their loved one.”

Paulsen shared, “We are particularly fortunate to have Chelsea as a member of our team as she is always looking for ways to go above and beyond for our hospice patients and loved ones. Chelsea has a talent for doing all she can for every patient and family she serves to navigate the end-of-life journey.”

DAISY AWARD HONORS OUTSTANDING NURSES FOR THEIR ATTENTIVE CARE FOR CHILDREN

NATIONAL DAISY AWARD DESIGNED TO SPECIFICALLY HONOR NURSES

AT ANY AGE IT'S DIFFICULT NOT TO FEEL YOUR BEST OR TO WITNESS SOMEONE ELSE'S HEALTH EMERGENCY, YET IT'S ESPECIALLY CHALLENGING FOR A CHILD. SPENCER HOSPITAL'S TWO MOST RECENT DAISY AWARD WINNERS WERE RECOGNIZED FOR SHOWING EXTREME COMPASSION TO YOUNG PEOPLE.

Jen Dau, director of Medical-Surgical Patient Care Services, responded to an emergency code when a visitor experienced a health incident in a hospital reception area. After tending to the critical patient, Jen noticed a young hospital visitor nearby, who was visibly shaken.

"Jen sat the family down and talked the boy through what he had just witnessed, answered his questions and asked him how he was feeling," wrote Beth Henningsen, who nominated Jen for the Daisy Award. "She showed true compassion and caring for these individuals."

The second Daisy winner was Clara Graesing, director for Intensive Care, Telemedicine and the Infusion Center. Clara was nominated by a two-year-old patient's mom who noted the exceptional care Clara provided.

"My little guy Cooper thought she was the best," wrote Hayley Moeller. "I think he would have gone home with her if I had let

him. Every time she came into the room, he wanted Clara to hold him and snuggle him. She was so sweet and very helpful and informative, giving me information about his condition and follow-up care."

The Daisy Award was created by the family of Patrick Barnes to honor outstanding nurses in appreciation of the care Patrick received. Spencer Hospital presents Daisy Awards twice annually, two each spring and two each fall. Anyone can nominate a nurse by picking up a form at Spencer Hospital or submitting one from the website: www.SpencerHospital.org.



GEM AWARD RECOGNIZES REAL TREASURES

GEM AWARD ACKNOWLEDGES COWORKERS WHO GO ABOVE AND BEYOND

CONGRATULATIONS TO SPENCER HOSPITAL'S MOST RECENT GEM AWARD WINNERS, CHELSEA REED AND CHUCK MARTINSON. GEM - WHICH STANDS FOR "GOING THE EXTRA MILE" - IS AN AWARD GIVEN SEMI-ANNUALLY TO TWO SPENCER HOSPITAL CO-WORKERS WHO HAVE DEMONSTRATED EXTRAORDINARY CARE OR SERVICES.

Patients often rave about the kindness shown by Chuck Martinson of Nutrition Services, who always delivers their room service trays with a big smile and kind words. He makes a special effort to wish each patient well and makes sure they have everything needed to enjoy their meals.

Chelsea Reed, social worker for Hospice of Spencer Hospital, is always searching for ways to provide compassionate, special care for her patients. One such occasion was arranging an early Christmas for a hospitalized patient, complete with a decorated tree, Santa, gifts for the patient's little girl, carolers and a special meal and photography session for the family.

Nomination forms for both the GEM Award and Daisy Award can be found on Spencer Hospital's website under the Patient & Visitors tab.



Decade in Review



Spencer Regional
Healthcare
Foundation

*All of these years represent fiscal years rather than calendar years, which for Spencer Hospital is July 1 through June 30 each year.

2010

Foundation invests in the purchase of telemedicine technology.

2011

New recliners are purchased for Abben Cancer Center patients to increase comfort during treatment.

2012

Foundation's Annual Campaign raises money to renovate the hospital Chapel.

2015

Endowment campaign fundraises \$2.5 million in honor of 100 years of serviced provided by Spencer Hospital.

Foundation donors fund new software for area's robotic surgery program.

2014

The Healing Arts program is gifted an electric piano.

Behavioral Health is awarded funding to enhance the nurse call system.

2013

Donors help fund the replacement of the Abben Cancer Center CT/SIM technology.

Annual Campaign raises money to purchase a family paging system for Same Day Surgery Center.

2016

Foundation donates funds for an infant security system for the Birth Center.

2017

Breast biopsy system is purchased for the Women's Health Center.

Sports Medicine Northwest is provided five AED machines for use throughout the region.

2018

Foundation contributes \$250,000 toward the new Warner Dialysis Center.

ECHO ultrasound unit is purchased to provide echocardiology services.

2020

The Foundation pledged \$1 million toward the purchase of a new linear accelerator at Abben Cancer Center, which represents the largest gift made by the Foundation since the 1996 campaign to equip and build the cancer center.

2019

Foundation celebrates 25 years.

Multiple InDemand interpreting machines are purchased for hospital-wide use in order to assist with language barriers.

Foundation provides full funding for the new Infusion Center.

A PERFECT MATCH: giving from the heart

FOR 25 YEARS, STAN AND JODENE JONGMA HAVE BEEN REGULAR DONORS TO THE SPENCER REGIONAL HEALTHCARE FOUNDATION.

“I remember sitting at a Lion’s Club meeting in Everly years ago and there was a request that we, as a group, support the Abben Cancer Center campaign,” recalls Stan. “I remember looking around that room wondering how many of the 24 individuals sitting with me would end up using that service, and the importance of having cancer care available in our community.”

A personal gift to that campaign was the couple’s first gift to the newly formed foundation. Since that time, they’ve made numerous other gifts, some for the “greatest need,” and others for specific programs. One of the Jongma’s favorite projects is helping support the Auxiliary’s Teddy Bear program, providing comforting stuffed animals to children receiving care at Spencer Hospital.

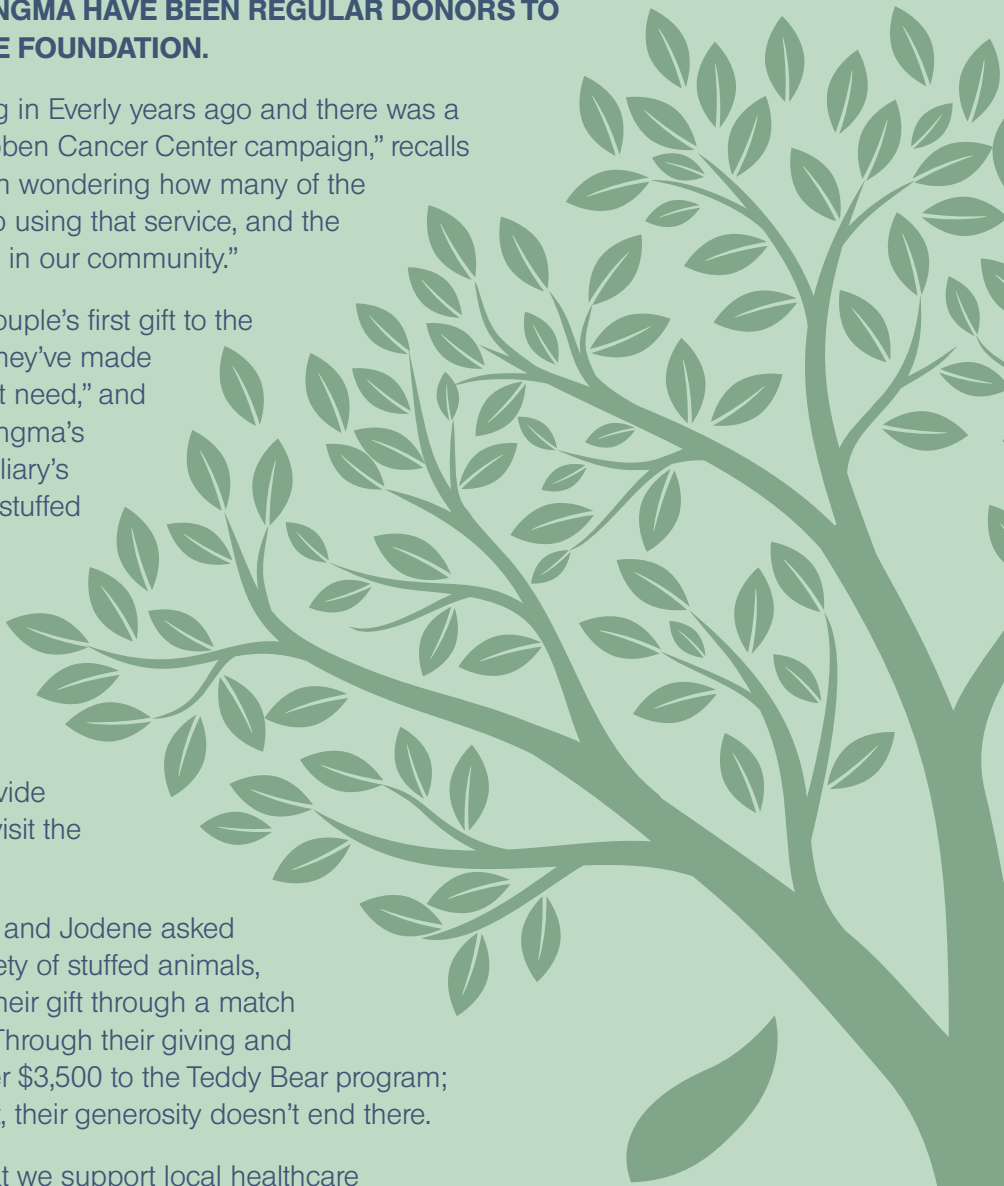
“We were sitting in the surgery center one day and there was a mom and dad there with their child who was hugging on a toy doll,” said Stan. “That was a moment for us and we knew we wanted to help provide that kind of comfort to all kids who had to visit the hospital.”

In addition to their personal gift which Stan and Jodene asked to be designated for the purchase of a variety of stuffed animals, the Jongmas have been able to enhance their gift through a match from the Thrivent Choice Dollars program. Through their giving and Thrivent’s, the Jongmas have facilitated over \$3,500 to the Teddy Bear program; a program that has touched many lives. Yet, their generosity doesn’t end there.

“It’s been important to us over the years that we support local healthcare through gifts to the many areas of the hospital,” said Jodene. “I’ve personally used Abben Cancer Center and received so much good care. The staff was basically family and I still visit once a year for an annual checkup. We’ve used the surgery center and Stan uses the Cardiac Rehab service three times a week. We have family and friends who are alive today because of the services offered locally. It’s just such an important part of our community.”

“Everyone should support such a great place,” commented Stan. “You never know when you’ll need these services, yet chances are, you will.”

The Infusion Center is located on the third floor of Spencer Hospital, taking advantage of the space vacated when the Warner Dialysis Center moved from within Spencer Hospital to its present location on West 18th Street.




Generous Donors Working Together.

Donor Statistics



\$325,670 Total Donated



658

Active Donors
in Fiscal Year '19



1,295

Total Gifts

\$6.50
Smallest Gift
Hungry Caterpillar
book for CAMPS

\$115,000
Largest Gift
Urology System

\$361,513 Total Granted

Local healthcare is essential in our rural community.



Abben Cancer Center



Education



Athletic Enhancement/
Cardiac Rehab



Diabetic Education



Guest Needs



Warner Dialysis Centers



Surgery Center



Community Health
Services



Diagnostic Imaging



Hospice of Spencer
Hospital Services



Women's Health

*Thank you for making
a difference!*

Spencer Regional Healthcare Foundation Board

Bill Bumgarner, Pat Reno, Marcia Ramstack, Nate Schmidt, Dr. Charles Crouch, Ben Hollesen, John Cotton, John Rahn, Steve Lensing, Kim Upah, Joe Conover, Sid Fitch, Marianne Fuchsen, Jill Davis, Wes Simpson, and Linda Kunzmann

YOUR CARING SUPPORT THANK YOU

GIFTS

By AAA Collections
By Kevin & Cheryl Ahern
By Joe Andrea
By Anita Bailey
By Irene Banwart-Goff
By Amanda Bare
By Robert Barringer
By Ronald & Marlyce Bauermeister
By Miriam Bergen
By Black Knights Car Club
By Kerin Blair
By Jill Bobolz
By Sandra Boisen
By Bomgaars
By Dale & Karen Brandt
By Beth Brockshus
By Brian & Deb Brodersen
By Jamie & Mary Brosnahan
By Ernest & Marlene Bruns
By Bill & Karen Bumgarner
By The Butter Belly Book Babes
By Callaway Golf Co. Foundation
By Bill & Jane Campbell
By Patrick & Susan Carr
By Dr. David & Jane Christ
By Jim & Julie Christensen
By Clay Agency, Inc.
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